# Principles of Sathya Sai Ideal Healthcare

#### **Universal Healthcare**

Sri Sathya Sai Baba has repeatedly emphasised that state-of-the-art healthcare should be available to all people and especially the poor. In keeping with this commitment, He has established a chain of super-specialty and general hospitals delivering the best medical care to all.

"The Sathya Sai Hospital has been set up to provide relief to villagers. No distinction is made, however, between villages and cities. Diseases do not afflict only villagers. They make no territorial distinctions. Likewise, there will be no differentiation in providing relief. Our intention is to provide relief to all."

-Sri Sathya Sai Baba, 1991

#### Free Healthcare

Sri Sathya Sai Baba has deemed that high quality healthcare should be delivered free of cost to all patients so that no one is prevented from receiving the highest benefits of healthcare. Every Sri Sathya Sai Hospital delivers such care free of cost to the patients.

"Medical services should be free for all. There are numerous people who cannot afford the costs of medical treatment. Doctors should render free service to such persons."

-Sri Sathya Sai Baba, 1995

## **Loving Healthcare**

Sri Sathya Sai Baba has prescribed that healthcare workers should deliver medical care with love and compassion thereby elevating the healthcare worker to a healer and the patient to the reality of a divine soul.

"If the doctor is full of love and compassion, God works through him. Doctors, therefore, have to endeavour to become the receptacles of Divine Power during their healing process."

-Sri Sathya Sai Baba, 1980

## **Comprehensive Healthcare**

Medical care is for the whole patient. Ideal healthcare encompasses treatment of the body, mind, and spirit.

"Man suffers from two types of ills, physical and mental. They are caused by disequilibrium of the three tempers and three Gunas (tendencies). Physical health is a prerequisite for mental health and mental health ensures physical health."

-Sri Sathya Sai Baba, 1959

### **Preventive Healthcare**

Sri Sathya Sai Baba has said that the duty of the physician is not only to treat with love and compassion but to educate patients in healthy living and thus prevent frequent visits to physicians and hospitals.

"The current belief is that medicine is to be valued for its use during illness. But this point of view has to change. Medicine is used to see that one does not fall ill, just as the purpose of truth is to so live that one is not subjected to birth again."

-Sri Sathya Sai Baba, 1980



Dedicated with love and reverence to

Pri Sathya Sai Baba

the Inspiration and Guide for Sathya Sai Ideal Healthcare and Global Health Mission

# Sathya Sai Global Health Mission

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