



pedagogic formula. The only difference is that SSEHV is used in public schools and based on the Unity of Faiths, whereas SSE focuses on the teachings of the Kali Yuga Avatar, Bhagawan Sri Sathya Sai Baba.

Sri Narasimha Murthy: Educare is all about spirituality. In the Bhagavad Gita, Sri Krishna has said, "Among all types of education, I am spiritual education." The tragedy is that now God and spirituality have no place in education in schools and colleges. Spiritual education is for cultivating faith and devotion in all hearts, which is what Swami has been doing. It is our duty that we do this. In fact, I found a young boy in school wearing a T-shirt. On the front, it said, "I was born good but spoiled by education." On the back, "I was born smart, but made dull by education." This is what has been going on in education. In contrast, as in Swami's Schools, it is important to implement values education in all schools from primary to college level.

Sri Anil Kumar: Yesterday, I gave a talk, 'Education to Educare', and did not speak on all the points. Educare deals with the center of our life. It cannot be taught. It is the truth of our being. Education deals with the periphery of your life. Educare is the very being of life, it is the center. Education and Educare are not contradictory. Both are necessary. Root [Educare] and fruit [Education] go together. Awareness, alertness, awake-ness, responsiveness, acceptance and conviction are features of Educare, not to be acquired. To be in the presence of Swami is the best form of Educare. Educare is beyond religion. It is spiritual.

Q19. *Is Love really necessary when the demonic personalities can also attain liberation?*

A19. Sri Narasimha Murthy: Demons are symbols for gluttony, anger, jealousy, sleepiness, etc. The demon Kumbhakarna exemplifies that. But his Love for God finally overcame these to take him to the Lotus feet. Kumbhakarna and Ravana were two brothers, who were doorkeepers to Vishnu in their previous births, cursed by Sage Brighu who was frustrated by them in his access to Vishnu. They had the choice to take either nine births as friends of the Lord and then return to the Lotus feet or three births as enemies of the Lord. They chose three births. They were born as Hiranyaksha and Hiranyakashyapu, Ravana and Kumbhakarana, and Dantavakra and Sisupala, in three births. After these three lives, they went back to Vishnu. Where there is true Love, all negativities fly away. If we develop Love, we will overcome all weaknesses.

Dr. Reddy: Their Love for God was so intense that they chose to come to earth



for the shortest time, as His enemies rather than wait for nine births as His friends. Thus their intense Love for God led them to attain Liberation.

Q20. *Discipline of Seva Dals on the ladies' side is severe. Can anything be done?*

A20. Dr. Goldstein: Seva Dals are volunteers and are not highly trained or experienced. They are doing their best. Forgive them and be patient and gracious. Clearly, if their transgressions are serious we will take up these issues if you bring them to our attention.

Sri Anil Kumar: Seva Dals are not paid or trained. They are there to enhance Sadhana. It also helps our Sadhana by bending to the discipline. Once, a devotee was trying to offer Swami a letter in Darshan. The devotee was roughly restrained by the Seva Dal. Then Swami reached over and took the letter. The Seva Dal was looking distressed and feared. But Swami consoled her by saying, "you did your duty, and I did Mine."

Q21. *You said that Swami was not happy because we had not changed in 20 years. Are there any signs of change now?*

A21. Dr. Goldstein: This is not quite what Swami said. He did say, we are not taking seriously His teachings: Our lives have not changed. We have the same habits and are not applying the teachings. Time is the body of God. We have access to the Divine teachings, but do not take them seriously. Swami is never unhappy. He is encouraging us to become blissful.

Q22. *Kindly elaborate on conscious, conscience and consciousness.*

A22. Sri Narasimha Murthy: According to Swami, Conscious refers to the body and senses. Conscience refers to the subtle body and mind, and the Divine spark that makes the body work. Consciousness is the one source from which everything emerges. In Ramayana, Rama asked Hanuman, "Who are you?" He replied, "When I have body consciousness, I am your servant. When I feel the Divine spark within, I am part of You. When I realize the ultimate truth, You and I are one."

Sri Anil Kumar: What is limited to the body and senses is conscious. God in me is Conscience. God is everywhere, that is Consciousness.

Q23. *What are the aspects and milestones by which we may measure our spiritual progress?*

