



contemporaries of the Avatar. Let us all enjoy Swami's Love. This is the way to get rid of impurities and enjoy pure Love.

Of course, Swami always tells us that the root cause of impurities is our body attachment. Yesterday – on the Ladies' Day – Swami addressed this issue of body attachment. Usually, on this day Swami calls a woman devotee to translate His message. But He surprised everyone by calling on Anil Kumar, who was not expecting to translate His discourse. Every action and every gesture of Swami has a profound meaning. Swami then started the discourse. Usually, He begins by commenting on the importance of the role of the woman in society. But this time He said, “There is no difference between man and woman. These are all vestures. There is only one and that is Atma.”

This shows that we are only one. We need to find out who we really are. Avoid body consciousness. This is the way to develop pure Love for God. Swami also talks about spiritual evolution. First stage is *bouthika bhakthi* when we start at the physical level, making prayers, meditation, japa, etc., to God. The second stage is *ekantha bhakthi* when we go inward. The third stage is *ananya bhakthi*, when we see God inside and outside and everywhere. The conclusion of these three can be described as SAI, S-A-I. **Sai And I** are one. Also, we can say: See Sai, that is, to see **Sai Always Inside**.

What are the signs of devotion? Swami says that the proof of rain is wetness of the ground. Similarly the proof of devotion is to have peace and equal mindedness under all circumstances. If we are disturbed and agitated, it indicates we do not have true devotion. Swami has said, “Be equal minded. Nothing should disturb your equanimity.” Then, we will show our devotion in action through service, which is done with Love, humility and with no desires for self. Mother Teresa said “Fruit of Love is Service.” We should not worry about loss and gain, etc. We should always be cheerful, happy and radiate the joy to others. Swami says “Be Happy.” The goal of all spiritual practices is to Be Happy, and happiness is union with God. Let us all pray only for Swami's unconditional, changeless, boundless and pure Love. We must realize we are embodiments of Love. This requires Unity-Purity-Divinity, the theme graciously given by Bhagawan for this world conference.

### **Prof. Anil Kumar**

Professor Anil Kumar of the Sri Sathya Sai Institute of Higher Learning spoke on the subject: “From Education to Educare.” He used a PowerPoint presentation, making comments about each slide. “Spirituality,” he said, “is an opportunity to know the Reality.”



Spirituality, or Religion, is not seriousness. Seriousness is a sign of sickness. Religion is laughter, spirituality is ecstasy. Life is dance. Life is celebration.

That's the reason why we ask if anyone is serious, “why are you like that?” But if one is smiling, we don't say, “why do you smile?”

In order to understand the beauty of life, Educare is absolutely necessary.

We hear of so many “cares” nowadays: Agri-care, Aqua-care, Spirituo-care, Medicare, etc.

But this “Educare” is something different. Through Education we receive knowledge, but the knowledge is just bookish information. The knowledge will make you a scholar. And knowledge will also make you knowledgeable. Knowledge-ability, scholarship, ability to gather information are the criteria of a man of Education. But Educare is something different. Educare is for wisdom; and it is a product of the heart, nothing to do with the head. While Education is full of Fund of Information, Educare brings about Transformation!

And it is Educare that gives us a sense of awareness of our true selves.

And in Education, we are used to questions. More so the teacher. Students are eager to ask questions, if they care to listen. They ask so many questions, and seek answers. Whereas Educare has nothing to do with questions and answers. Educare is a Quest! Educare is an eternal quest. The road ends there.

Education is based on communication skills – email, slides, PowerPoint, etc. When it comes to Educare, it has nothing to do with communication. Educare is communion. Communion and communication are different. Communication is external, communion is the one within.

We may say of someone, “he's a great intellectual.” But intellectuality is a product of Education. We say he's a great intellectual, meaning that intellect is an extension of the mind. An intellectual can earn respect, prestige, and status in society. Whereas Educare will never make you an intellectual, but will make you intelligent. So intelligence is different from intellect. We are born with intelligence, because even an insect knows which flower to go to. Therefore, this intelligence is the birthright of every living creature.

Education is full of logic. You say something, and someone will say “I disagree.” Education is full of arguments, disagreements. If you say you disagree, you think you are educated.

