

November 22, 2005

## Educare

### 1. Purpose of Education

There is a purpose and goal for education; that is truth. In fact, spiritual education is the only true education, which will recognize the existence of God everywhere. "The end of education is character." Devoid of character, all other possessions are useless. Unfortunately, today character-building has been relegated to the background. Modern education may help one to gain control over men and matters, but it utterly fails in uplifting one's own self. The harmony between thought, word and deed is of utmost importance. Education should enable one to cultivate good qualities, character and devotion. When there is Unity between thought, word and deed, one can acquire Purity and realize Divinity. Modern education is totally self-centered. Wherever you see, selfishness is rampant. Contrary to it, true education teaches selflessness. Truth and righteousness form the foundation for character. As the saying goes, *Sathyannaasti paro Dharmah* (There is no Dharma greater than adherence to truth). The mansion of righteousness rests on the foundation of truth.

### 2. How to Get Peace

When truth and righteousness go together, Love manifests itself. There can be no peace without truth, righteousness and Love. If only one has peace of mind, one can be happy in the world and will have no troubles at all. Peace is something which cannot be purchased in a market. It depends upon one's attitude to life and living. Hence one has to cultivate *Ekatma Bhava* (feeling of oneness). If this *Ekatma Bhava* is developed, one can move about freely in the world with no attachment to any particular individual or object.

### 3. People, Places and Things

Man's behavior is influenced by *Sthanabala* (power of the place) and association with people as well as the company of books. One's association with a particular place also has its effect on one's behavior. That is what is called *Sthanabala*. Youngsters often move in bad company and cultivate bad qualities. This is not correct. They should always make friendship with good people and emulate their qualities. One has to read good books that will bring about a transformation of heart and uplift the soul. You often find youngsters going to the library and engaged in deep study. What sort of books do they study? They read bad books camouflaged in a good cover.

## 4. Real Guru

Love all. In fact, Love is the most important aspect of education. One who teaches the method by which man can cultivate selfless and universal Love is the real Guru.

November 23, 2005

### 1. Equanimity

Human birth is meant to attain peace and not for occupying positions of authority. One may have all types of wealth and comforts but bereft of peace life itself has no meaning. Everyone has to experience ups and downs in life, but they are like passing clouds. Difficulties are a part of life. None can escape them. Hence, one has to treat happiness and sorrow with equanimity. There is pleasure in pain and vice versa. One should not be elated by pleasure nor depressed by pain. We have to develop the spirit of equanimity in order to progress in life.

### 2. "Who Am I"

How can one attain peace of mind? It is possible only when one realizes his innate Divinity. Why are we not able to experience peace? Where does the mistake lie? We go on enquiring others, "Who are you?" But, we do not make an effort to enquire into ourselves, "Who am I?" There lies the mistake. Once we realize who we really are, we will be free from sorrows and difficulties forever. Hence, first and foremost, we should make efforts to realize our true identity. What is the use of knowing everything without being aware of the Self?

### 3. Live in Atmic Awareness

Lord Vishnu told Narada, "I have to assume the form of a human in order to move among men and protect the world. I am present in everyone in the form of Atma. When man constantly contemplates on the principle of Atma, I manifest Myself to him." The same Divine principle of Atma is present in all. One who realizes this truth experiences the all-pervasive Divinity. You are God and your fellow human being is also God. Develop such principle of oneness and equality. Who are you? You think you are the body. But, you are neither the body nor the mind. The human body is like a water bubble and mind is like a mad monkey. Mind is nothing but a bundle of desires. One day or the other you have to give up all desires. Hence, do not identify yourself with the mind. Give up body consciousness and live in the constant awareness that you are God.