

Only love for God is true love

Sri Sathya Sai Baba

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We see a large number of living beings in this world. But none of them has the greatness, wisdom, and discrimination of man. That is why it is said, *Jantunam nara janma durlabham* (of all living beings, human birth is the rarest).

Everything in this world consists of the five elements. These five elements are present not only in people but also in animals, birds, insects, and trees. But what is the use if one does not make proper use of these five elements?

Today, man is engaged in the pursuit of knowledge. How vast is this knowledge? It is as vast as an ocean. Similarly, man makes efforts to develop common sense. His common sense touches the height of the Himalayan mountains. In spite of all his knowledge and common sense, the power of discrimination is zero. What is good and what is bad? What should be done and what should not be done? This power of thinking is zero in people today. That is why humanness has suffered a great decline.

The value of humanness depends only on discriminatory power. One may possess anything and everything, but what is the use if one has no discrimination? People keep on comparing themselves with others in many ways. But nobody is making efforts to know if their discrimination power is more or less. Today people are engaged in amassing wealth. But they do not use their knowledge of discrimination to know whether they need that much

money or not. Wherever we see today, we find people hankering after money.

The mind is very powerful. But today, one's today is deluded. (Bhagawan showing His handkerchief.) What is this? This is cloth. How does it take the form of cloth? It becomes cloth by weaving thread. But where does this thread come from? It comes from cotton. So, first cotton, second thread, and third cloth. In the same way, you are not one person but three: the one you think you are, the one others think you are, and the one you really are (loud applause).

The thread and cloth come only from cotton. Similarly, man is constituted of five elements. Krishna declared in the *Bhagavad Gita: Mamaivamsho jivaloke jivabhuta sanathana* (the eternal *Atma* in all beings is a part of My Being). It means that we all are parts of the Divine.

All of you are in search of God. But there is no need to search for God, because you yourself are God. When you have light in your own house, where is the need to go to the houses of others in search of light?

You develop the feelings of "I" and "mine" due to the delusion caused by body attachment. In fact, the body is the cause of all attachments. But how long does this body last? It is desired only as long as there is life in it. When the life principle goes out of it, the body is mercilessly put on fire. Then, to whom does this body belong? Therefore, you are not the body.

You say, "This is my body, this is my hand, this is my leg, this is my mind, this is my buddhi(intellect)." Everything is my, my, my. Then who is that "my"? When you say, "my leg", you are separate from your leg. Then who are you? You are you only.

In this way, people today are deluded by their attachment to their body and senses. But you are not the body, you are not the senses, you are not the intellect, you are you. You should realise, "I am I." That universal "I" principle is only one. *Ekam sath viprah bahudha vadanti* (truth is one, but the wise refer to it by many names). But the individual "I" represents ego. When you cut this "I", it becomes the cross that is worshiped by the Christians. It means: when you give up your ego, you become your true self.

You are not an ordinary person; you are God yourself. There is no need to search for God. Wherever you look, God is there. This cloth is God, this flower is God, this table is God, everything is God. It is only due to your ignorance that you give scope to differences like "I" and "you". You are not a separate entity.

I am I. I am not Sathya Sai Baba. Sathya Sai Baba is the name given to this body. I don't have any particular name.

Your body is the gift of your parents. This body is endowed with *pancha bhutas* (five elements), *panchendriyas* (five senses), and *pancha pranas* (five life principles). These *pancha pranas* are *prana*, *apana*, *vyana*, *udana*, and *samana* (life breath, downward air, air that is diffused throughout the body, breath that moves upward through the throat, and digestive air). They are the same in everyone. Therefore, you are not different from others. Those who are unaware of this spiritual principle become victims of ignorance and are subjected to delusion.

Everything in this world is reaction, reflection, and resound. Where does the resound come from? Here I am speaking. Where do

My words come from? They come from My heart.

You think that you hear with your ears. But it is not so. All your senses are, in fact, like decorations to your body; they cannot function on their own without the life principle within you.

There is no need to search for God. Have faith that God is within you. When you have faith in God, you develop love. From love emerges peace, and peace gives rise to truth. This truth is God. Truth does not exist separately. There is no need to search for truth. Truth has no form. Truth is truth. Who has created peace? Peace is peace. It also has no form. Love is love. It is not anybody's creation. Love is God, live in Love.

What are the human values? They are *sathya*, *dharma*, *santhi*, *prema*, and *ahimsa* (truth, righteousness, peace, love, and nonviolence). They have no form. These formless principles are imprinted on your heart.

All that we read and write corresponds to physical and worldly education. It cannot be called education in the true sense of the term. What is true is educare. Educare means to bring out our latent values. They are immanent in our heart, but we cannot see them. They have to be manifested through self-enquiry. True *sadhana* (spiritual exercise) lies in recognising and manifesting peace, truth, and sacrifice, which are present in our heart.

You undertake various spiritual practices like meditation and *japa* (recitation of God's name). What do you understand by *japa*? You think *japa* means counting the beads of a rosary. But it is not so. All these spiritual practices are merely our imagination. They are all artificial, not real.

Science teaches many things. It gives only that knowledge which we acquire through our senses. There can be no science without senses. We are leading artificial and mechani-

cal life by acquiring this knowledge. It is not true life.

First and foremost, you must have faith. You can recognise your true form only when you have faith. From faith comes peace. Truth emerges from peace. This truth is God. God does not have any separate form. God manifests from the truth within you. You undertake many spiritual practices. In spite of all practices, you are unable to experience truth.

Do not waste your time in unnecessary pursuits. Time waste is life waste. First of all, you should understand that truth is your goal. You will have no obstacles when truth is on your side. Your senses and mind are very strong when you are young. Your intellect is also very sharp. Being endowed with such great power, why should you feel weak and helpless?

Love is not your individual property. It is universal and belongs to all. Love is in everyone. Love is there in you, Me, and everyone. We attribute various names to this love and try to experience it. You should not think otherwise. Today, even school children develop a tendency for artificial love. But this is not correct. This artificial love makes man weak. This weakness can cause many diseases. Do not develop such love, which gives rise to diseases.

The principle of love is the principle of Divinity, nothing else. Accept the love that comes from God. Do not accept the love that comes from others. Your love for God is true love. Whomsoever you love other than that, it cannot be called true love.

People develop attachment to many people, but they are unable to experience true love. True love originates only from God. God is the embodiment of love. Love is God. Live in Love. You should experience only divine love, not worldly love. I will explain to you this principle of love in detail later. We have al-

ready exceeded the time limit. Therefore, I don't want to cause inconvenience to you.

It is very easy to attain God. If you ask which is the easiest thing to attain in this world, it is only God. You can attain God in no time without undergoing any strain. It is very easy to experience love. Love is very powerful. Nothing in this world can surpass it. When you look at it, love appears to be very small. But it is as deep as an ocean and as high as a mountain. It is inexhaustible and infinite. You should realise this principle of love. Nobody can describe the principle of love because of the limitations of the circumstances and experiences.

(From Bhagawan's divine discourse on the occasion of inauguration of the Sri Sathya Sai World Youth Conference 2007, on 26 July 2007 in Prasanthi Nilayam.)